

P.A.R.A.: Organizing for Insight

Intention of the Unit

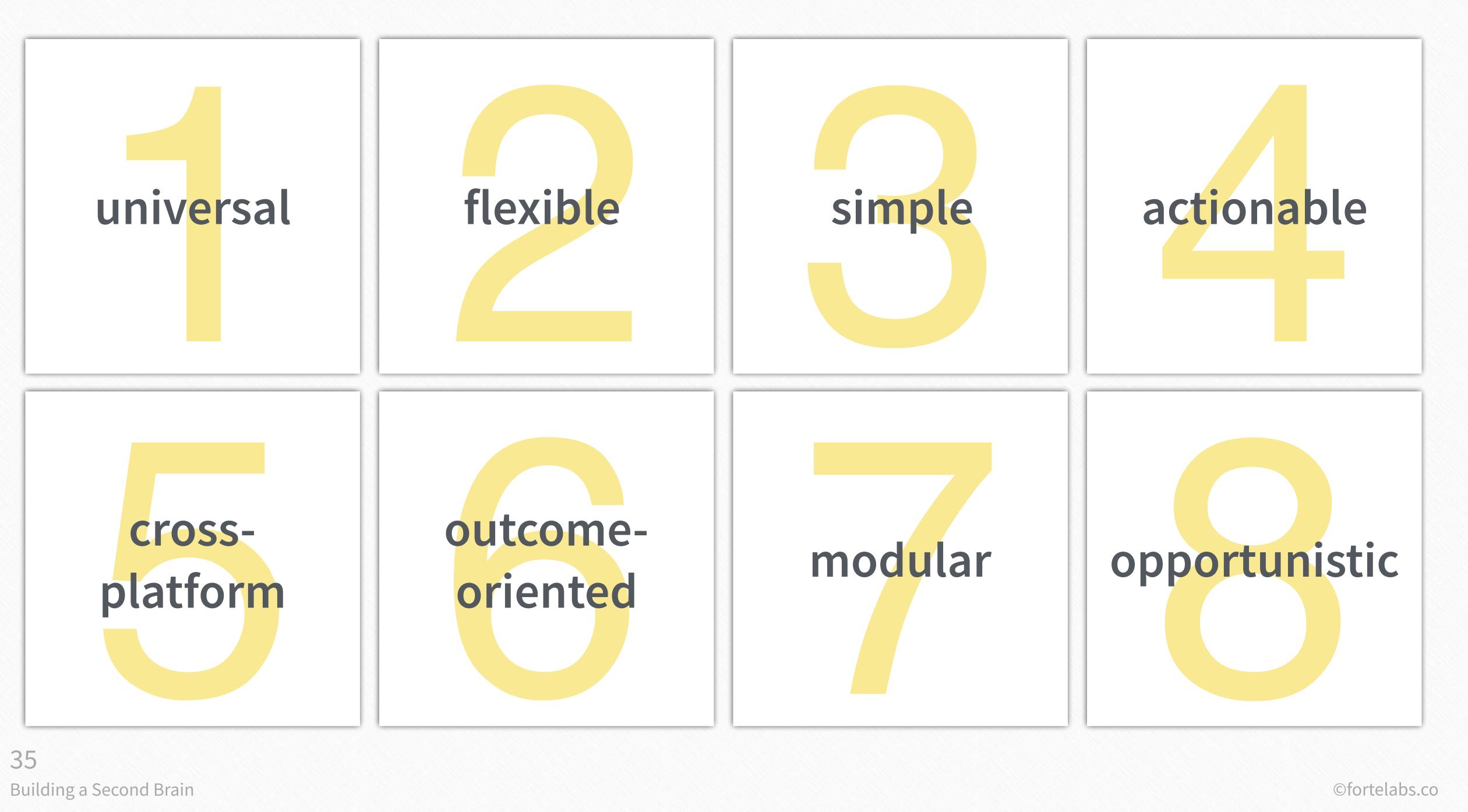
To organize your existing notes and files with a cross-platform system that supports capture, organization, and retrieval of your ideas



"How do I organize Evernote?"

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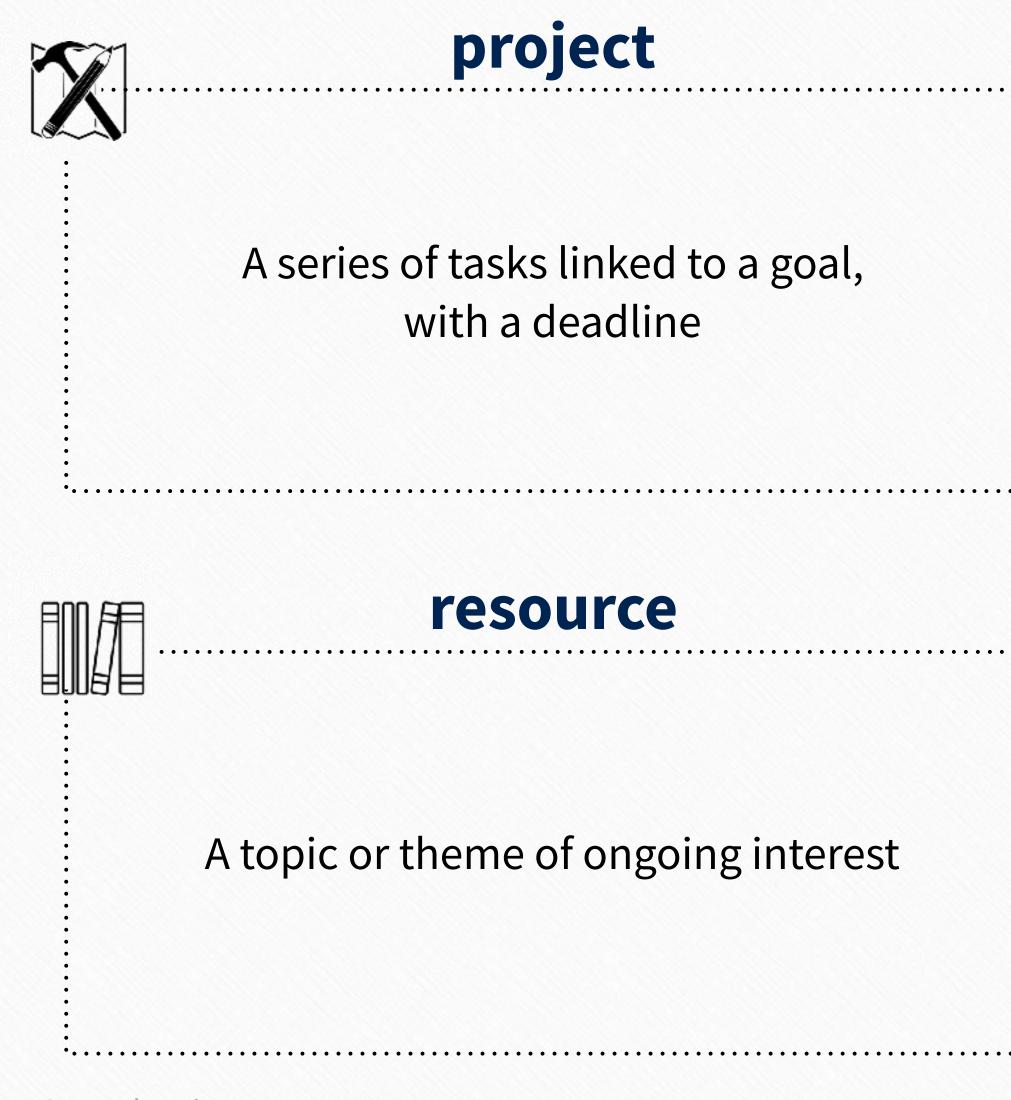








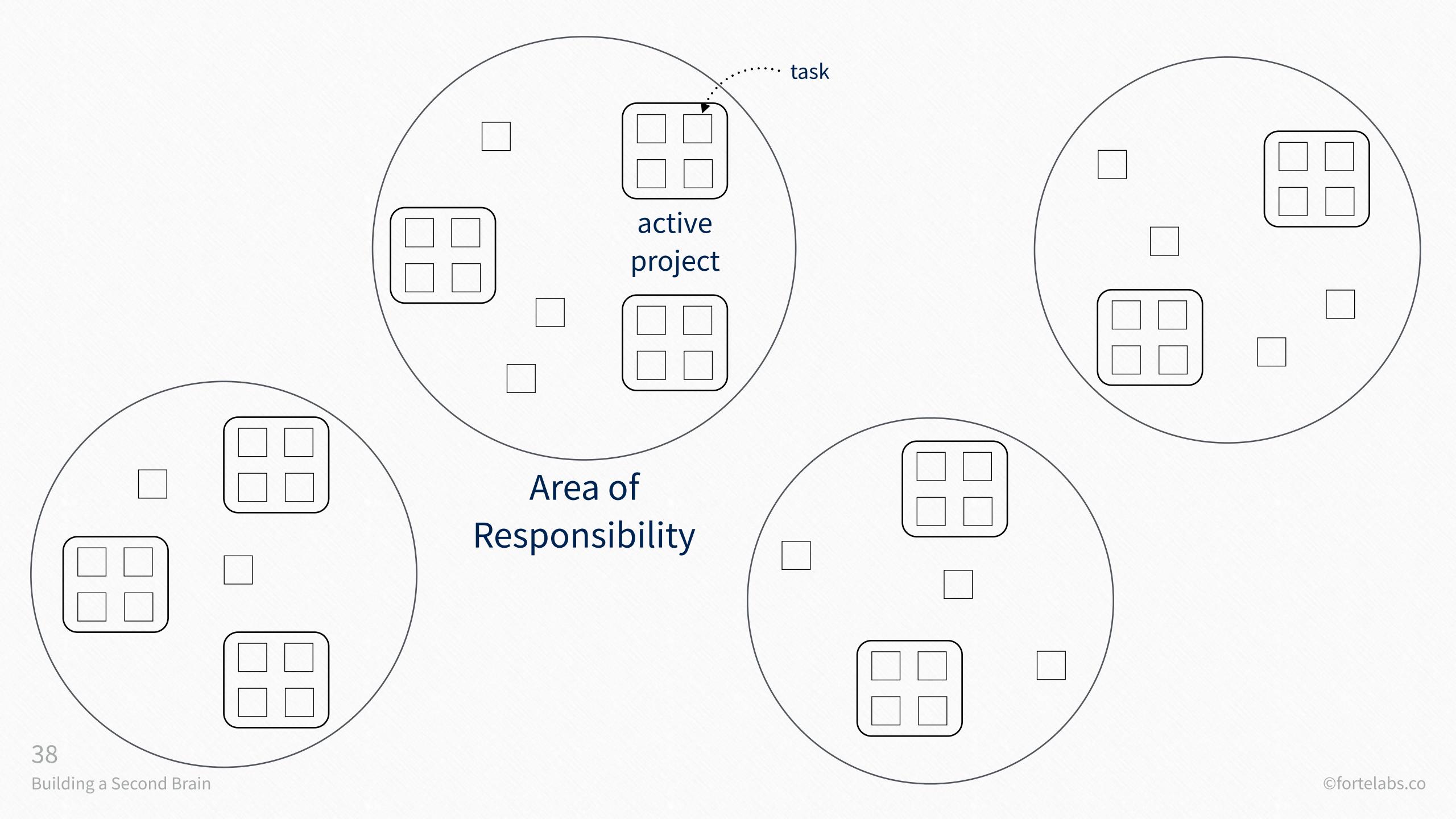
Definitions

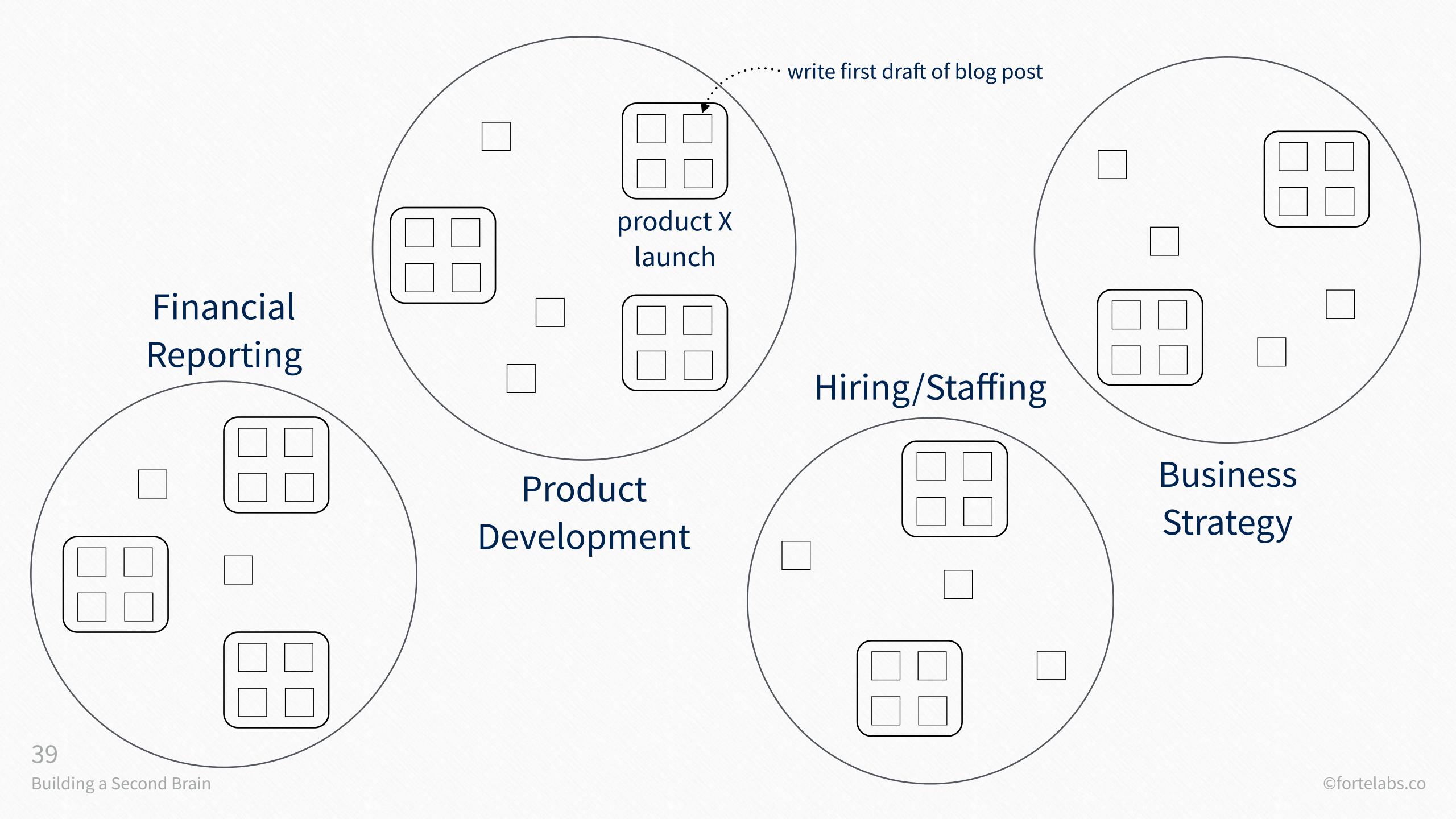


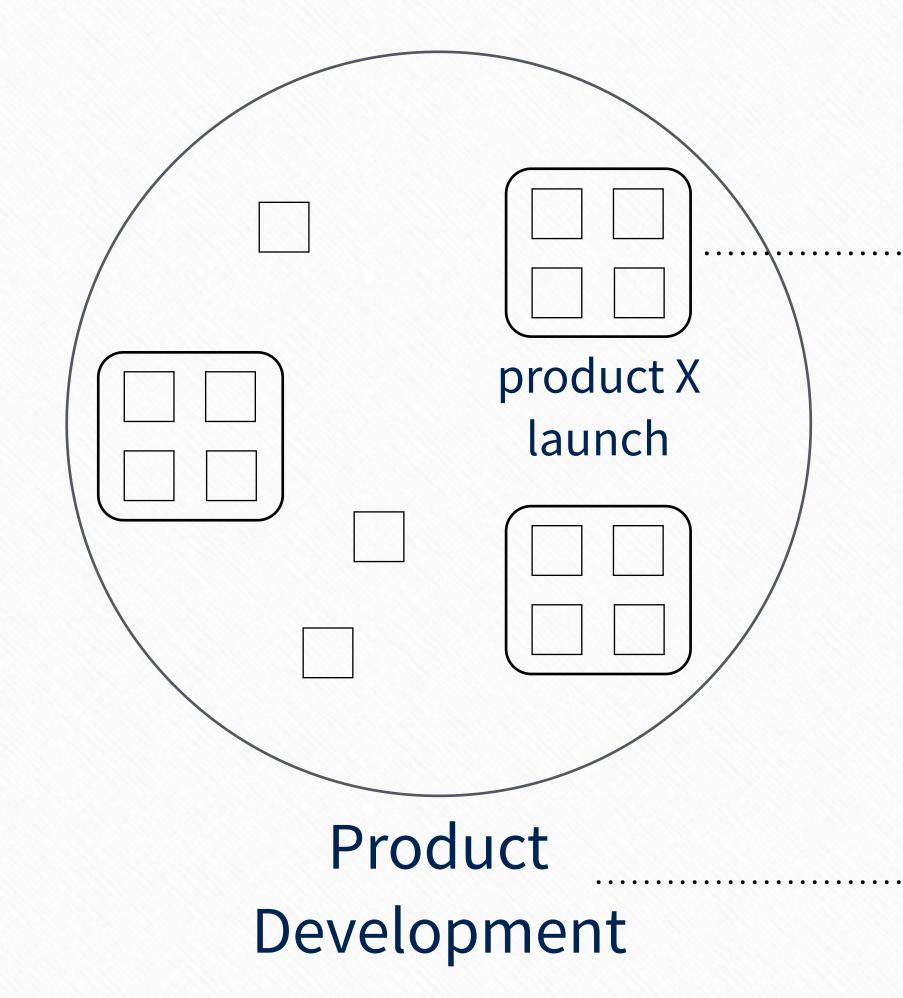
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active project

goal to be achieved 1 has a deadline 2

area of responsibility

standard to be maintained 1 indefinite end date 2)



Areas of Responsibility Project list?

- hiring/staffing
 - events
- direct reports
- strategic planning
 - research
 - vacations
- professional development
 - productivity



hiring/staffing

events

direct reports

strategic planning

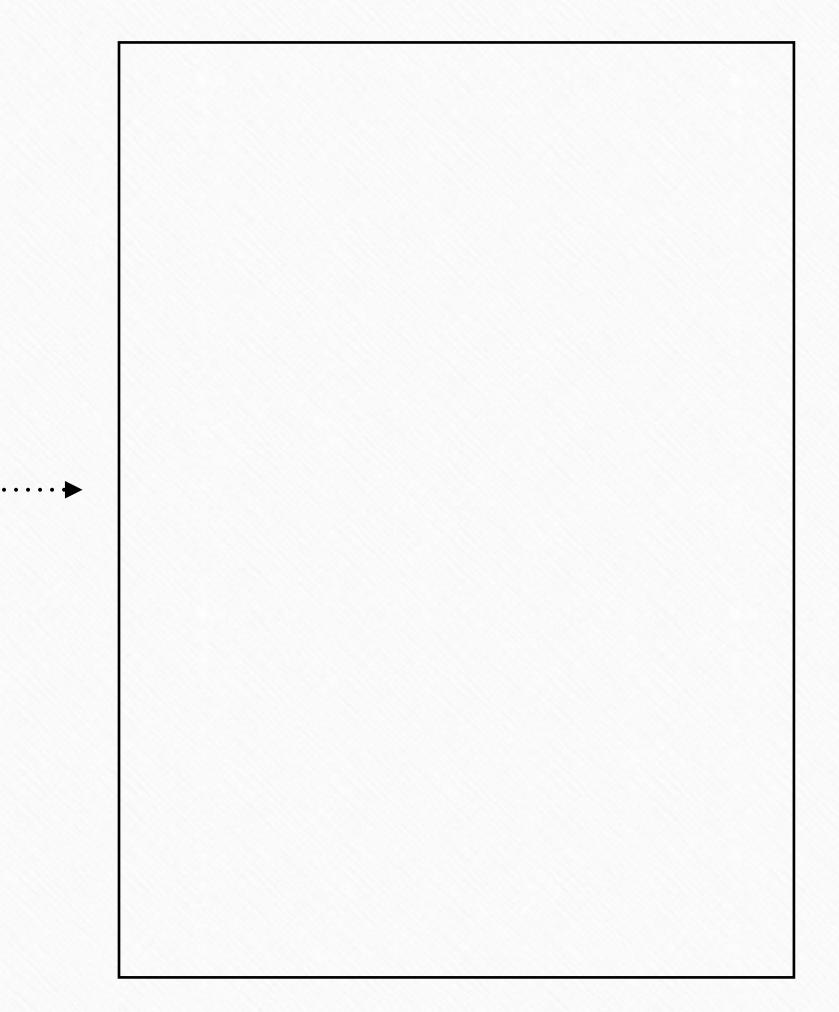
research

vacations

professional development

productivity

Project list





hiring/staffing	
events	
direct reports	You the exten
strategic planning	
research	
vacations	
professional development	
productivity	





can't truly know nt of your commitments

- Hire for position A
- Hire for position B

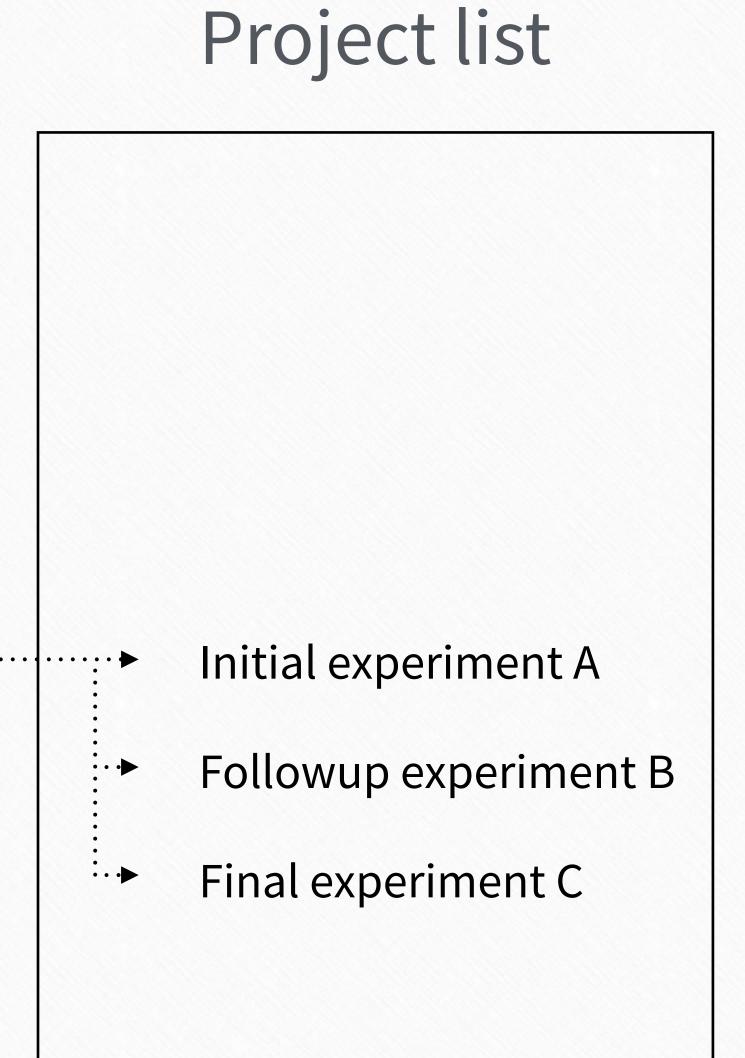
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- Hire for position C ·••
- Hire for position D :••
 - Hire for position E



hiring/staffing		
events		
direct reports		
strategic planning		
research		
vacations		
professional development	You	
productivity	e	



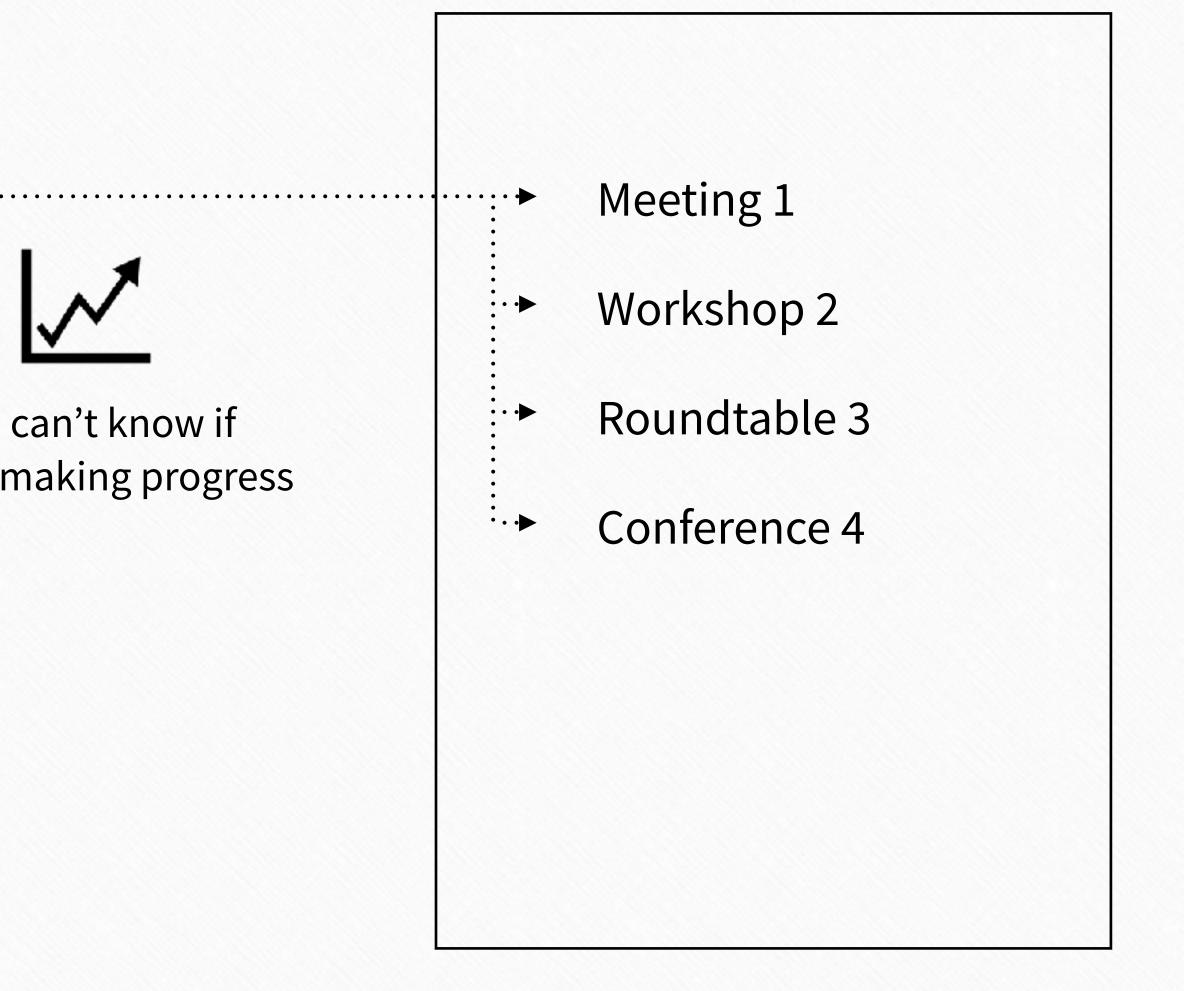


can't connect your current efforts to long-term goals



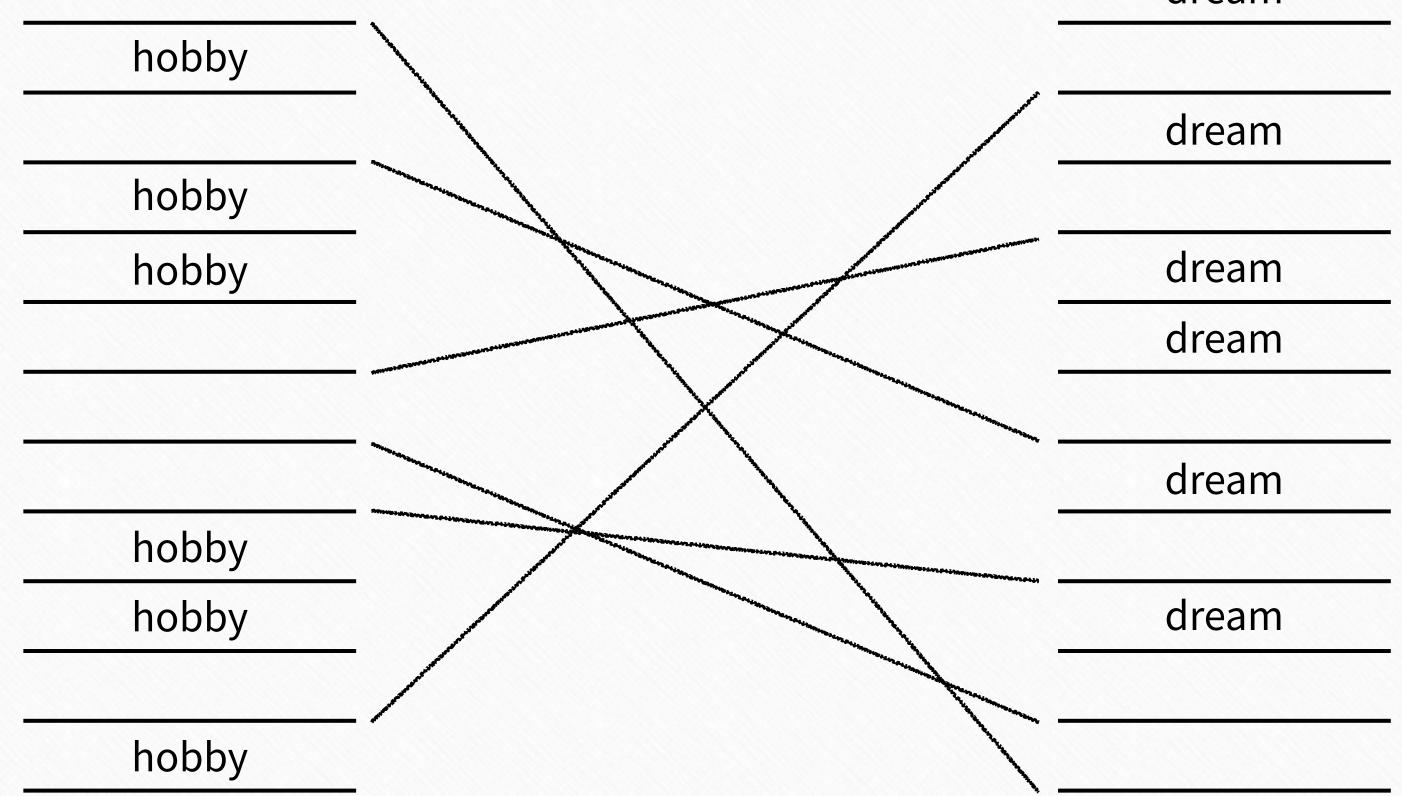
hiring/staffing	
events	
direct reports	
strategic planning	Yo
research	you'r
vacations	
professional development	
productivity	

Project list





Project list





dream



"Define your projects, or your projects will define you"

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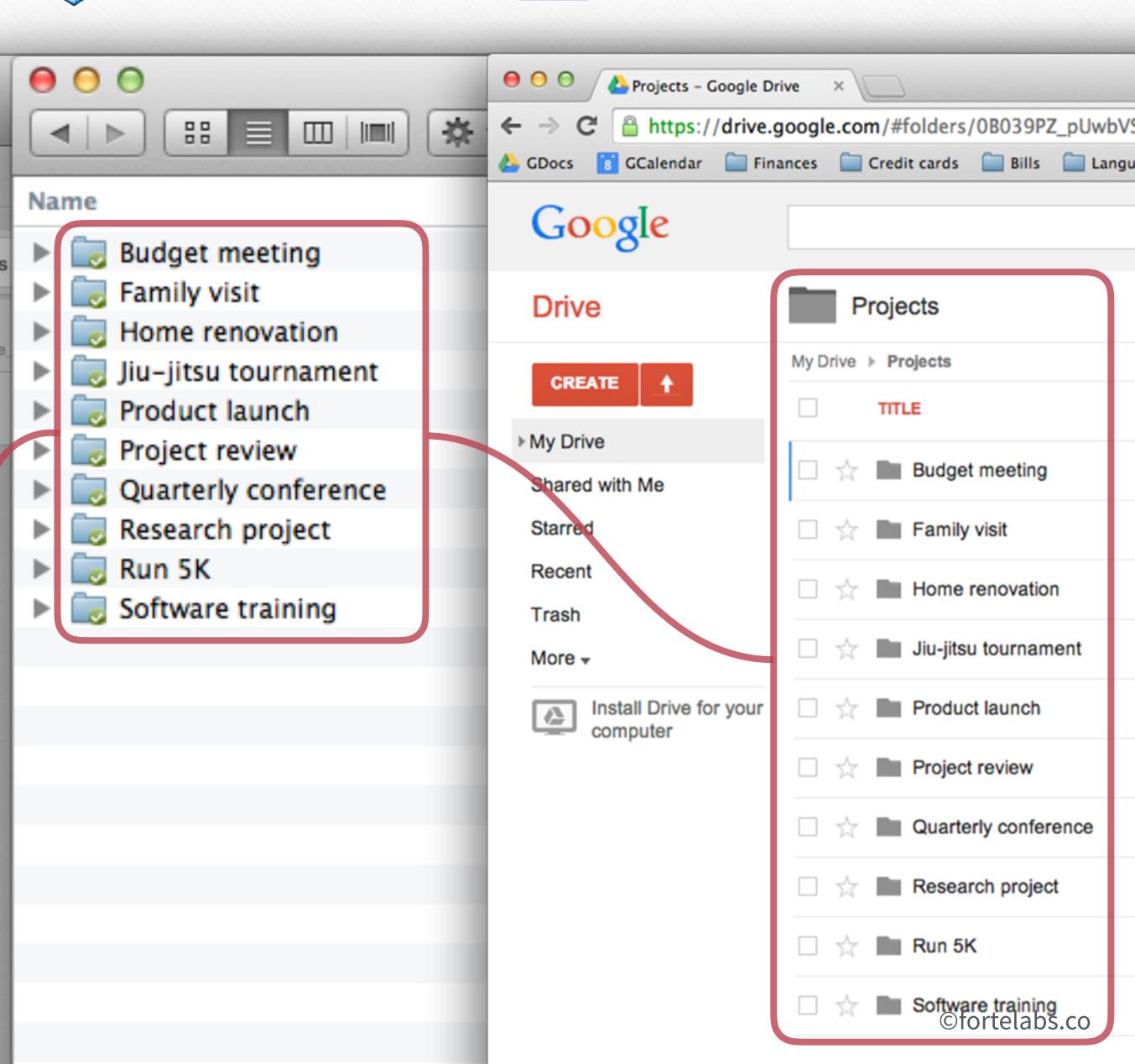




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E Next	Budget meeting 0	Inbox
Scheduled	Budget meeting 0	쏘 brue
Someday	Family visit 0	Trash
Projects	Home renovation 0	
ACTIVE PROJECTS		
Budget meeting	Jiu-jitsu tournament 0	
Family visit	Product launch 0	
Home renovation Jiu-jitsu tournament		
Product launch	Project review 0	
Project review	Quarterly conference 0	
Quarterly conference		
Research project	Research project 0	
Run 5K Software training	Pup 5K	
	Run 5K 0	
48 ^{REAS} Building a Second Brain	Software training 0	
Events	View all notes in 1 - Projects >	







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[show my setup]



P. A. R. A.

Magic Number 4 🗸

Limits number of categories to preserve working memory

Separates actionable 💙 from non-actionable

Preserves the most important distinction

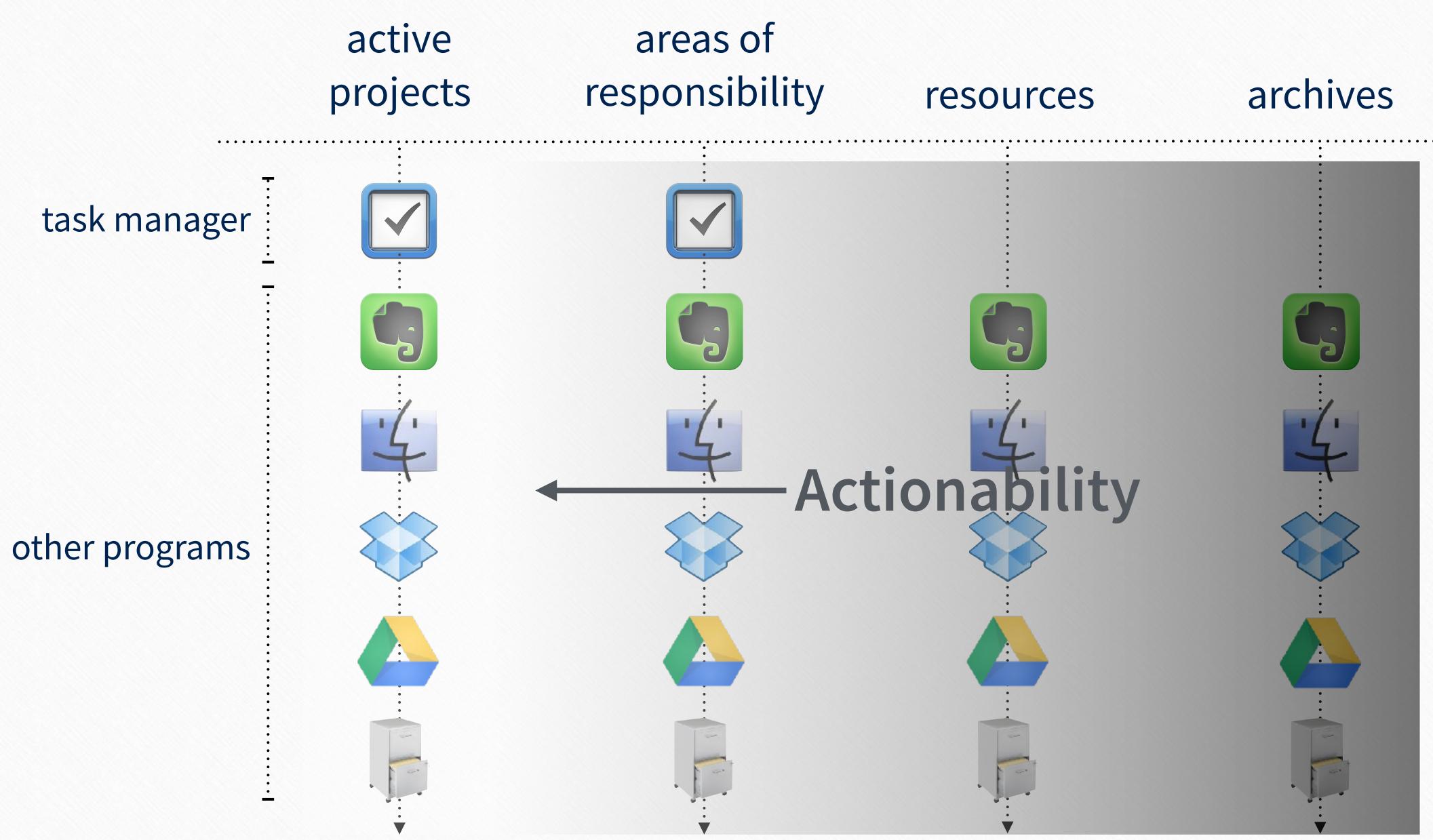
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Mirrors task/project management

Transition seamlessly between programs

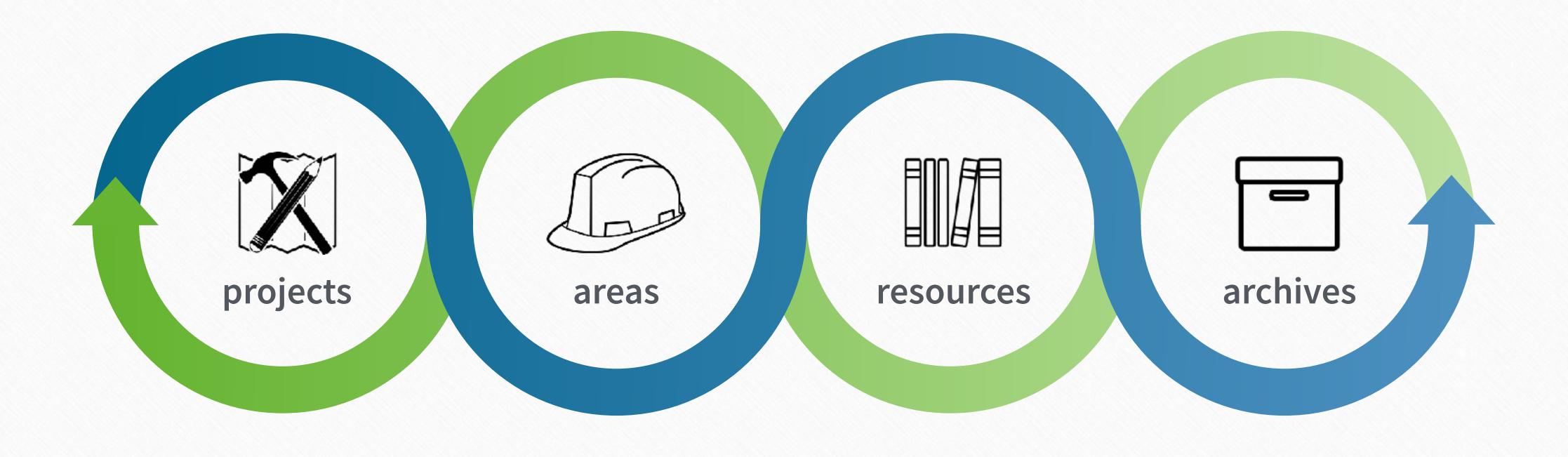




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Information flows within P.A.R.A.



More actionable

Less actionable



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Just-In-Time PROJECT MANAGEMENT



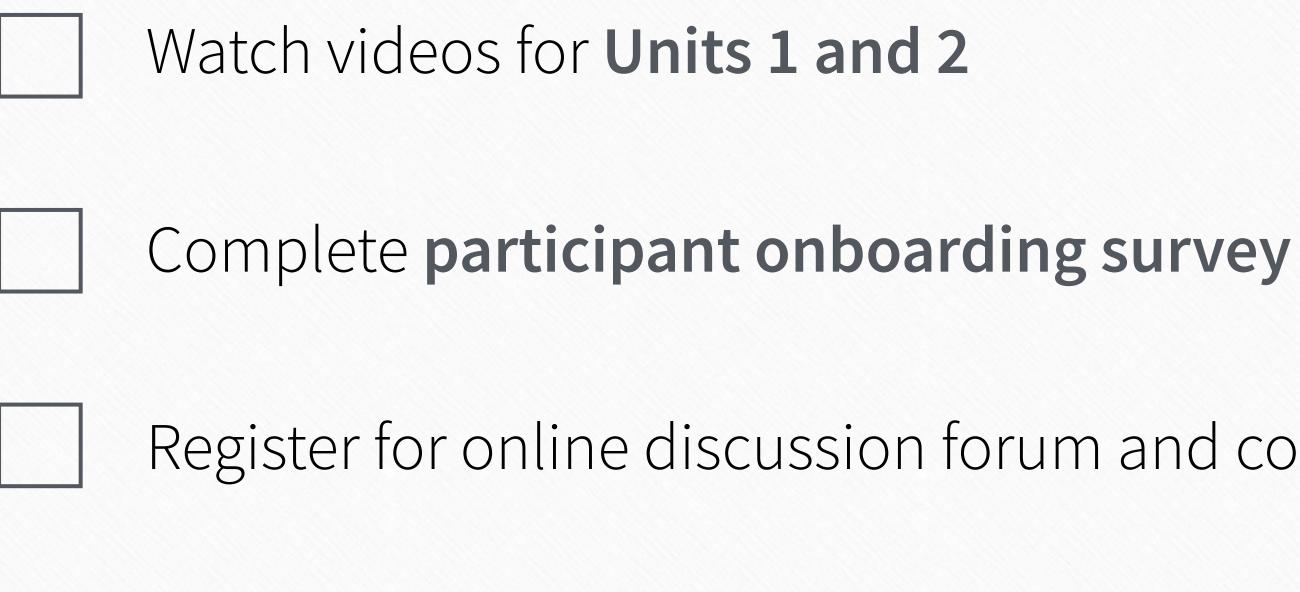
Up next...

03 Digital Cognition

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Session 1 - Action Steps



- Register for online discussion forum and complete Getting Started guide
- Exercise: Formulate your Project List using the P.A.R.A. Method

