



## Shifting Positions in Time

By Christopher Schlegel

Now that we've got the basic physical motions established let's try changing positions in time. You should count 1, 2, 3, 4, slowly and evenly. Strum the A major barre chord on 1, then while you are counting 2, 3, and 4, slide down two frets to the G major barre chord. Play the G major barre chord when your counting arrives at the 1.

Keep counting!

This time as you are counting 2, 3, and 4 slide back up two frets to the A major barre chord. When your count gets to 1 again, play the A major. Next try going up two frets to the B major barre chord.

The next step is to try changing to more distance fret amounts. In the video lesson I show examples of and suggest doing the follow changes:

### Distance of Two Frets

A major down to G major, back up to A major, repeat.

A major up to B major, back down to A major, repeat.

### Distance of Three Frets

A major down to F-sharp major, back up to A major, repeat.

A major up to C major, back down to A major, repeat.

### Distance of Four Frets

A major down to F major, back up to A major, repeat.

A major up to C-sharp major, back down to A major, repeat.

You can and should continue this process as much as you need to in order to become proficient at barre chord changes.

