



## C Major In Pedal Point Up and Down

By Christopher Schlegel

This time we have the C major scale in what is known as a pedal point sequence. This means we will play the scale straight up and down, however in between each note we will repeat the lower root note. This repetition of the low C is the reason we call it a pedal point type exercise. This is a great way to practice a scale because it really builds your physical skills as well as gives you a great interval recognition exercise at the same time. You can get really good at identifying the sound (by "ear") of all the major scale intervals because you are constantly hearing the distance from the root note to all of the various major scale degrees.

When we get to the high C we do the entire thing in reverse. Do we repeat? Of course we do!

# Scale Practice

## C Major Scale In Pedal Point Up & Down

Moderate ♩ = 100

1 2 3 4

T  
A  
B

5 6 7 8

3 3 3 3