



## C Major In 3's Up and Down

By Christopher Schlegel

This time we have the C major scale in a sequence of 3's. This means we will start on the 1st scale degree and play up the scale 3 notes, then start on the 2nd scale degree and play up the scale 3 more notes. And so on until we reach the high C. Then we do the entire thing in reverse. I encourage you to repeat this over and again.

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## Scale Practice

### C Major Scale In 3's Up & Down

Moderate ♩ = 100

1 2 3 4

T  
A  
B

3 5 7 5 7 3 7 3 5 3 5 7

5 6 7 8

5 7 4 7 4 5 5 4 7 4 7 5

9 10 11 12

7 5 3 5 3 7 3 7 5 7 5 3