



Introduction

By Christopher Schlegel

In this tutorial series we will introduce the concept of systematically practicing scales using a metronome.

In order to practice scales we need four things: a guitar, a metronome, a scale and something to do with the scale. The C major and minor scales will be used. Four patterns will be used as examples of a systematic practice method: straight up and down, in 3's, in 4's, and a in pedal point pattern. We need to immediately understand the absolute importance of using a metronome.

A metronome is a device that marks even counts of time in units measured by beats per minute.

Because a metronome is so important in learning a musical instrument Guitar Tricks has provided you with one to use! You can use it online. Or you can download it and use it offline. If you already have your own, good for you! If you find you can work better with another type or a real world, physical unit (instead of the digital-virtual one provided by Guitar Tricks) then I strongly encourage you to get one as soon as possible.

Proper use of a metronome and systematic method of practicing scales is crucial for your successful development as a musician. That is why I stated that while this tutorial is primarily written for beginners, experienced players could also benefit from this detailed method of how to practice scales.