



## **C Major Scale Exercises: Lesson 4**

By Christopher Schlegel

In this tutorial we will combine the C Major scale in two different positions with the proper picking techniques learned in the previous tutorial.

In this lesson, we will use alternate picking to play two positions of the C Major scale.

Happy scale exercise practice!

# C Major Scale Exercises For Beginners

## Open Position

1 2 3 4

T  
A  
B

3 — 3 — 3 — 3    0 — 0 — 0 — 0    2 — 2 — 2 — 2    3 — 3 — 3 — 3

5 6 7 8

0 — 0 — 0 — 0    2 — 2 — 2 — 2    0 — 0 — 0 — 0    1 — 1 — 1 — 1

9 10 11 12

1 — 1 — 1 — 1    0 — 0 — 0 — 0    2 — 2 — 2 — 2    0 — 0 — 0 — 0

13 14 15 16

3 — 3 — 3 — 3    2 — 2 — 2 — 2    0 — 0 — 0 — 0    3 — 3 — 3 — 3

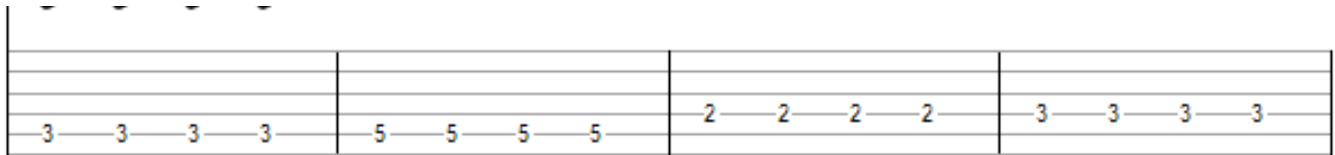
## Fretted Position

17 18 19 20

1 — 1 — 1 — 1    2 — 2 — 2 — 2    3 — 3 — 3 — 3    4 — 4 — 4 — 4

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Exercise 1: A four-measure sequence on a guitar staff. The first measure contains four quarter notes with fingering 3-3-3-3. The second measure contains four quarter notes with fingering 5-5-5-5. The third measure contains four quarter notes with fingering 2-2-2-2. The fourth measure contains four quarter notes with fingering 3-3-3-3.



Exercise 2: A four-measure sequence on a guitar staff. Measure 21: four quarter notes, fingering 5-5-5-5. Measure 22: four quarter notes, fingering 2-2-2-2. Measure 23: four quarter notes, fingering 4-4-4-4. Measure 24: four quarter notes, fingering 5-5-5-5.



Exercise 3: A four-measure sequence on a guitar staff. Measure 25: four quarter notes, fingering 5-5-5-5. Measure 26: four quarter notes, fingering 4-4-4-4. Measure 27: four quarter notes, fingering 2-2-2-2. Measure 28: four quarter notes, fingering 5-5-5-5.



Exercise 4: A four-measure sequence on a guitar staff. Measure 29: four quarter notes, fingering 3-3-3-3. Measure 30: four quarter notes, fingering 2-2-2-2. Measure 31: four quarter notes, fingering 5-5-5-5. Measure 32: four quarter notes, fingering 3-3-3-3. The sequence ends with a double bar line.